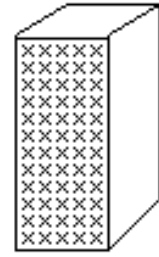


# ANSSRDT NEWSLETTER



SEPTEMBER 2002

DATE OF OUR NEXT MEETING: October 5 and 6, 2002

LOCATION: E. H. Horne School in Enfield. Off Highway 102 take exit 7 going towards the Irving Big Stop on old route 2. The school is a large brick building on the left opposite the cemetery. It is 2 km from the exit and 0.2 km beyond the Railroad Track.

ASSIGNMENTS: We need contributions for the lunch at the dance. The plan is to serve tea biscuits with jam, jelly, honey, etc. and fresh apples with cheese. Please contact Dottie if you are coming and will bring 2 dozen biscuits and some spread. Also can someone bring a way to make coffee and tea? Please let me know. Also see Caller's assignment below.

## SATURDAY SCHEDULE

- 9:30 - 10:00 Set Up and Coffee Chat
- 10:00 - 12:00 **Squares:** Ideas and practice **calling to 2, 3, or 6 couples.**  
**Assignment:** Be prepared to use as many of the mainstream moves as possible when calling to two couples. Also be prepared with at least one 6 couple (3 couples facing 3 couples) or one hexagon (two heads and one side couple) sequence.
- 10:00 - 12:00 **Rounds:** Jive Discussion and Ideas for Christmas Records  
Contact Beth for more information
- 12:00 - 1:30 Lunch
- 1:30 - 3:00 **Sight Calling** discussion and practice -- Kerry Fletcher
- 3:00 - 4:30 **Programming** discussion -- Nelson Labor
- 1:00 - 4:00 Simultaneous **AGM of the Provincial Federation** also in E.H. Horne School
- 4:30 - 7:30 Supper, Change Clothes and Drive to South Woodside
- 7:30 - 8:00 Set up for dance at South Woodside Community Centre
- 8:00 - 10:30 **ANSSRDT FALL DANCE and LUNCH**  
Two halls -- Squares with MS & Plus mix in one, Rounds in the other.  
Day attendees will be programmed as they request.

## SUNDAY SCHEDULE

- 9:00 - 10:00 **Modern Mixer Ideas** from Cuers.
- 10:00 - 12:00 **ANSSRDT Business Meeting**

## IDEAS FOR THREE COUPLE DANCING:

### TRIPLETS FROM TED SANNELLA

Formation for all 3: 3 couples in proper contra lines (ladies on caller's left)  
Source: Ted Sannella's Book "Balance & Swing"

### DIP AND DIVE TRIPLET

Written by Ted Sannella in 1968 (#3)

Intro - - - - , TOP 2 COUPLES MAKE A RIGHT HAND STAR  
1-8: - - - - , The other way back with a LEFT HAND STAR  
9-16: - - - - , FIRST COUPLE DOWN THE CENTRE & CROSS OVER (Lady in front)  
17-24: - - - - , COME UP THE OUTSIDE TO THE TOP PLACE  
25-32: - - - - , FIRST COUPLE FACE DOWN, OTHERS FACE UP  
33-40: CENTRE COUPLE ARCH for the DIP AND DIVE  
41-48: (Continue), - - - -  
49-56: - - FIRST COUPLE Face, Pass and CAST DOWN TO THE FOOT  
57-64: - - - - , (Top 2 couples Make a Right Hand Star)

### RIGHT STAR AND CIRCLE TRIPLET

Written by Ted Sannella in 1970 (#4)

Intro - - - - , Top Couple CROSS THROUGH the 2<sup>nd</sup> & BOW to opposite 2  
1-8: - - - - , 3 CIRCLE LEFT, go 1 1/2, form lines of 3, actives in centre  
9-16: - - - - , LINES OF 3 GO UP and BACK  
17-24: - - - - , ACTIVES RIGHT hand star with couple below  
25-32: - - - - , ACTIVES CIRCLE RIGHT with couple above  
33-40: - - - - , CROSS THROUGH couple BELOW and AROUND ONE  
41-48: - - - - , ACTIVES SWING in the middle,  
49-56: Actives return to centre of own line, LINES go up and back  
57-64: - - - - , (Top Couple Cross Through)  
(Notes: Lady lead cross through. Lady bows to two men, Man bows to two ladies.  
For starting order 1-2-3, the order at the end of one sequence is 3-1-2.)

### TIDAL TRIPLET

Modified from Triplet Written by Ted Sannella, (#24)

Intro - - - - , FIRST couple CAST TO FOOT, ALL FOLLOW inverting line  
1-8: - - - - , FIRST couple UP the centre & CAST OFF top to center  
9-16: - - - - , Lines of 6 Go FORWARD and BACK  
17-24: - - - - , All DOSADO your partner TO A TIDAL WAVE  
25-32: - - - - , RIGHT HAND TURN ONCE FULL AROUND  
33-40: - - - - , Those who can LEFT HAND TURN ONCE FULL AROUND  
41-48: - - - - , RIGHT turn PARTNER BACK TO LINES  
49-56: - - - - , Lines of 6 Go FORWARD and BACK  
57-64: - - - - , (First couple cast to foot ...)  
(Note: The order at the end of one sequence is 3-1-2)

## **CONTRA CORNERS TRIPLET**

Written by Dottie Welch, June 2002

Set Up: 3 couples in Proper Contra Line (Ladies on Caller's left, Men on right)

Intro - - - - , ACTIVES SASHAY DOWN THE CENTRE  
1-8: - - - - , ACTIVES COME BACK & CAST OFF WITH NEXT TWO  
9-16: - - - - , Lines of 3 Go Up and BACK  
17-24: - - - - , ACTIVES TURN CONTRA CORNERS  
25-32: (Partner right, right opposite left, - - partner right  
33-40: left opposite left ) - - , - - INACTIVES DOSADO  
41-48: - - - - , Lines of 3 GO UP and BACK  
49-56: - - - - , Actives Pass Thru and go BELOW ONE  
57-64: SINGLE CIRCLE HALF to own line, (New Actives Sashay down)  
(For Contra Corners: Actives Pass Partner with right, turn diagonal right by the left, right pass partner again, turn diagonal left by the left, pass partner right to start.)

## **LADIES LONG CHAIN TRIPLET**

Written by Dottie Welch, June 2002

Set Up: 3 Couples in Proper Contra Line, Top couple is "Active"

Intro: - - - - , Lines of 3 GO UP and BACK  
1-8: - - - - , All SWING your PARTNER  
9-16: First couple face down, others face up, LADIES LONG CHAIN  
17-24: Top 2 but centre only half turn, Bottom 2 - -  
25-32: Top 2 - - , Bottom 2 - -  
33-40: Top 2 - - , Bottom 2 and centre half turn to top  
41-48: - - - - , Top couples VEER LEFT  
49-56: Same couples VEER RIGHT, BOTTOM COUPLES VEER RIGHT  
57-64: ACTIVES WHEEL around onto foot, ALL FACE IN, (Lines go up and Back)  
(Ladies give right hands to each other and left to the gents. Centre gent turns half to pass ladies across the set. Original centre lady chains to top, back to middle, to bottom and back to middle. The outside ladies chain all the way through and all the way back. Each lady does four chains. )

## **RIGHT AND LEFT THRU TRIPLET**

Written by Dottie Welch, June 2002

Intro - - - - , All SWING your PARTNER  
1-8: First face down, others face up, Top 2 RIGHT & LEFT THRU  
9-16: New Centres with a full Turn, Bottom 2 RIGHT & LEFT THRU  
17-24: - - - - , Bottom two VEER LEFT, ACTIVES WHEEL into centre facing down  
25-32: Leaders (at foot) begin GRAND RIGHT and LEFT, each go 3 HANDS  
33-40: - - - - , All FACE IN, Lines of 3 GO UP and BACK  
41-48: - - - - , CENTRES STAR RIGHT ABOVE  
49-56: - - - - , CENTRES STAR LEFT BELOW  
57-64: - - - - , (All Swing your Partner)  
(Note: The order at the end of one sequence is 3-1-2)

## **MONEY MUSK TRIPLET**

Idea from Money Musk Triple Contra

Written by Dottie Welch, June 2002, Don't rush this.

Intro - - - - , First couple TURN RIGHT 1 1/2 AROUND  
1-8: Go BELOW ONE on opposite side, FORWARD 6 and BACK  
9-16: - - - - , ACTIVES two-hand CIRCLE LEFT 3/4 round  
17-24: INACTIVES TURN 1/4 IN, New lines, FORWARD 6 and BACK  
25-32: - - - - , ACTIVES two-hand CIRCLE LEFT 3/4 round  
33-40: INACTIVES TURN 1/4 IN, New lines FORWARD 6 and BACK  
41-48: - - - - , ACTIVES TURN TURU and go outside to foot  
49-56: - - - - , ALL COUPLES DOSADO with PARTNER  
57-64: - - - - , (First couple turn right 1 1/2 around)

## **RIGHT HAND HIGH TRIPLET**

Set Up: 3 Couples in Proper Contra Line

Written by Dottie Welch, June 2002

Intro: - - - - , Lines of 3 GO UP and BACK  
1-8: - - - - , TOP Couple U TURN and CAST Off AROUND ONE  
9-16: - - - - , CENTRE 2 LEAD RIGHT , CIRCLE 3 once & a bit  
17-24: - - Same sex open, Crosswise Lines of 3 GO UP and BACK  
25-32: - - - - , Lines PASS THRU  
33-40: - - - - , RIGHT HAND HIGH, LEFT HAND LOW, REVERSE  
41-48: - - - - , - - ALL 6 CIRCLE LEFT 3/4  
49-56: - - - - , CENTRE 2 PASS THRU,  
57-64: BOTH GO LEFT AROUND ONE, (Lines of 3 Go Up and Back)

After Circle 3, same sex dancers separate hands to open out facing other line crosswise of the hall with the lone sex dancer in the centre. (The order at end of one sequence is 3-1-2.)  
Right Hand High, Left Hand Low: Centre dancer make high arch with dancer on their right, Left dancer duck through the arch, Right dancer make big loop to reverse the line without releasing hands.

## **SCOTTISH COUNTRY TRIPLET**

From Alex Ritchie, 2000

Set Up: Three couples in proper contra lines

Intro - - - - , FIRST couple come IN, FACE UP, SEPARATE around one  
1-8: - - - - , STAR RIGHT with 3<sup>rd</sup> couple  
9-16: - - - - , STAR LEFT with top couple  
17-24: - - - - , ACTIVE LADY LEAD between ladies around TO TOP and  
25-32: DOWN CENTRE to make two lines of 3, LINES OF THREE MARCH DOWN  
33-40: - - TURN ALONE, and COME BACK  
41-48: ACTIVE MAN LEAD AROUND TO RIGHT between ladies INTO CENTRE  
49-56: MAN U-TURN BACK, WAVE at partner, ACTIVES TURN THRU,  
57-64: Go out and down OUTSIDE TO FOOT, (New top come in ...)

## CALLERLAB EMPHASIS CALLS

### MAINSTREAM: WHEEL AROUND (1/02)

Definition: The couple, working as a unit, turns around (180 degrees). The left hand dancer backs up while the right hand dancer moves forward. The pivot point is the handhold between the two dancers.

Be aware of the Body Flow of the call preceding the Wheel Around.

- 1) Heads Right and Left Thru, Heads Pass Thru, Wheel Around, Flutterwheel, Sweep 1/4, Slide Thru, Back away at home
- 2) Heads Square Thru, Swing Thru, Boys Run, Couples Circulate, Bend the Line, Pass Thru, Wheel Around, Pass Thru, Wheel and Deal, Centres Wheel Around, Allemande Left
- 3) Heads Pass the Ocean, Extend, Ladies Trade, Men Run, Ferris Wheel, Centres Wheel Around, Left Allemande, Home
- 4) Heads Square Thru Four, Slide Thru, Pass the Ocean, Swing Thru, Boys Run, Tag the Line, Face Left, Wheel and Deal, Pass Thru, Wheel Around, Allemande Left, Home

#### Singer:

Heads Pass Thru and Wheel Around, Flutterwheel and Sweep 1/4, Double Pass Thru, First Two left, Next two right, Pass Thru, Wheel and Deal, Centres Wheel Around, Swing, Promenade

### PLUS: FAN THE TOP (4/02)

Definition: The centres of the lines or wave turn three quarters (270 degrees) while the outside dancers move forward in a quarter circle. The ending formation is a right angles to the starting formation. Centres remain centres and ends remain ends.

- 1) Heads step to a wave and Fan the Top, Extend, Swing Thru, Boys Run, Couples Circulate, Fan the Top, Wheel and Deal, Right & Left Thru, Ladies Lead Dixie Style to a Wave, Boys Cross Run, Fan the Top, Right & Left Thru, Touch 1/4, Girls Run, Grand Right & Left.
- 2) (from Zero Lines) Touch 1/4, Column Circulate, Single Hinge, Fan the Top, Girls Run, Tag the Line Right, Fan the Top, Wheel and Deal, Square Thru 3/4, Allemande Left
- 3) Heads Pass Ocean, Ping Pong Circulate, Centres Fan the Top, Centres Recycle and Sweep 1/4, Double Pass Thru, Track 2, Boys Circulate, Recycle, Allemande Left
- 4) Head Ladies Chain, Heads Star Thru, Pass Thru, Touch 1/4, Follow your Neighbor and Spread, Fan the Top, Grand Swing Thru, Boys Run, Bend the Line, Square Thru 3, Trade By, Allemande Left

#### Singer:

Heads Square Thru, Dosado to a Wave, Fan the Top, Right and Left Thru, Two Ladies Chain, Slide Thru, Swing and Promenade

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The ANSSRDT NEWSLETTER is the newsletter of the Association of Nova Scotia Square and Round Dance Teachers. Our intention is to publish twice a year. The opinions expressed are those of the authors and not necessarily those of the Association. Your comments and articles are encouraged. Please forward to: Dottie and Gary Welch, 415 Conrad Road, Lawrencetown, NS, B2Z 1S3, [dwelch@orion.stmarys.ca](mailto:dwelch@orion.stmarys.ca), 902-435-4544